

Hyungmin Cha

CONTACT INFORMATION

Department of Sociology
University of Washington, Seattle
224 Savery Hall
Seattle, Washington 98195

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EMPLOYMENT

University of Washington, Seattle

Assistant Professor, Department of Sociology, 2025-
Faculty Affiliate, Center for Studies in Demography and Ecology
Faculty Affiliate, Center for Statistics and the Social Sciences

University of Southern California, Los Angeles

Postdoctoral Scholar Research Associate, Leonard Davis School of Gerontology, 2023-2025

EDUCATION

University of Texas at Austin

Ph.D. in Sociology (Demography Specialization)

Yonsei University, Seoul, Korea

M.A., Sociology, 2017

B.A., Sociology, 2015

RESEARCH AREAS

Aging and Life Course; Medical Sociology; Demography; Family

PUBLICATIONS

(*Shared first authorship; ^Corresponding author)

[15] Sheehan, Connor., **Hyungmin Cha**, Paul Espinoza, and Yuan Xie. 2026. "Complementary and Alternative Medicine Use and All-Cause Mortality Among US Adults: A National Prospective Cohort Study" *American Journal of Preventive Medicine*

[14] Goldman, Alyssa, **Hyungmin Cha**, and Reza Tayari Ashtani. 2026. "Is a Dose of Connection the Key to Prevention? Educational Disparities in Dementia Risk and the Role of Later-Life Social Engagement" *Innovation in Aging*

[13] **Cha, Hyungmin**, Mateo P. Farina, Heide Jackson, Jennifer A. Ailshire, and Katrina M. Walsemann. 2026. "How Childhood State Education Quality Shapes the Risk of Cognitive Impairment in Mid-to-later Life" *Alzheimer's & Dementia: Behavior & Socioeconomics of Aging*

[12] **Cha, Hyungmin**, and Jennifer A. Ailshire. 2026. "Male Spousal Caregivers Are Increasing but Only in Less Demanding Care Roles" *Journal of Marriage and Family*

[11] **Cha, Hyungmin**, Mateo P. Farina, and Mark D. Hayward. 2025. "How Does the Risk of Dementia Change with Each Additional Year of Education?" *Demography*

[10] **Cha, Hyungmin**[^], Mateo P. Farina^{*}, Chi-Tsun Chiu, and Mark D. Hayward. 2024. "The Importance of Education for Understanding Lifespan Variability of Dementia Onset in the United States" *Demographic Research*

[9] **Cha, Hyungmin** and Patricia A. Thomas. 2023. "A Time of Healing: Can Social Engagement after Bereavement Reduce Trajectories of Depression after the Death of a Child?" *Journal of Gerontology: Social Sciences*

[8] **Cha, Hyungmin** and Abigail Weitzman. 2023. "What Explains Socioeconomic Disparities in Early Pregnancy Rates?" ***Social Forces***

- Norval Glenn Best Paper Award, Department of Sociology, The University of Texas at Austin

[7] Donnelly, Rachel., Michael Garcia, **Hyungmin Cha**, Robert Hummer, and Debra J. Umberson. 2023. "Exposure to Family Member Deaths Across the Life Course for Hispanic Individuals" ***Demography***

[6] **Cha, Hyungmin**. 2022. "Past, Present, and Future Dimensions of Socioeconomic Status and Sexual Self-Efficacy of Young Women during the Transition into Adulthood" ***Social Science & Medicine***

- Parker Frisbie Best Publication Award, University of Texas at Austin, 2021

[5] Donnelly, Rachel., **Hyungmin Cha**, and Debra J. Umberson. 2022. "Multiple Family Member Deaths and Cardiometabolic Health among Black and White Older Adults" ***Journal of Health & Social Behavior***

[4] Umberson, Debra., Zhiyong Lin, and **Hyungmin Cha**. 2022. "Gender and Social Isolation Across the Life Course" ***Journal of Health and Social Behavior***

- Results highlights are presented in the Briefs section of the Winter 2023 issue of *Contexts* magazine.
- 2023 Richard Kalish Innovative Publication Article Award, The Gerontological Society of America

[3] **Cha, Hyungmin** and Robert Crosnoe. 2022. "The Health of Mothers of Adult Children with Serious Conditions" ***Journal of Marriage and Family***

[2] **Cha, Hyungmin**, Patricia A. Thomas, and Debra J. Umberson. 2021. "Sibling Deaths, Racial/Ethnic Disadvantage, and Dementia in Later Life" ***Journal of Gerontology: Social Sciences***

[1] **Cha, Hyungmin***, Mateo P. Farina*, and Mark D. Hayward. 2021. "Socioeconomic Status Across the Life Course and Dementia-Status Life Expectancy Among Older Americans" ***Social Science & Medicine - Population Health***

- Best Poster Award, Aging and Life Course Section, Population Association of America 2021

MANUSCRIPTS

Cha, Hyungmin. "Offspring Educational (Dis)Advantage, and Cognitive Function in Korea" *Revise and Resubmit*

Cha, Hyungmin, Patricia A. Thomas, Christy Erving, and Debra J. Umberson "Timing of Family Member Deaths and Health" *Revise and Resubmit*

Cha, Hyungmin, Jesscia L. Warren "Wealth and Cognitive Health" *Under review*

Kong, Jooyoung, Gina Lee, **Cha, Hyungmin**, and Yeonjin Choi "Early Family Adversity and No Contact with Aging Mothers: Evidence from the Health and Retirement Study" *Under review*

Cha, Hyungmin, and Mark D. Hayward "Cohort Change and Socioeconomic Differences in Cognitive Health Trajectories" *Under review*

Cha, Hyungmin, Julie M. Zissimopoulos, and Jennifer A. Ailshire "Timing of Spousal Caregiving and Health"

INVITED
PRESENTATIONS

Yonsei University, Seoul. Department of Sociology, 2026 (Scheduled).
Yale University, New Haven. Department of Sociology, 2026.
University of Washington, Seattle. Center for Studies in Demography and Ecology, 2025.
Korea University, Seoul. School of Health Policy and Management, 2025.
University of Washington, Seattle. Department of Sociology, 2024.
Indiana University, Bloomington. Department of Sociology, 2024.

CONFERENCE
PRESENTATIONS
SELECTED

"When One Child Falls Behind: Can Other Children's Success Buffer Parents' Cognitive Health?" Annual Meeting of the Population Association of America, 2026
"State-level Education Quality and Dementia Incidence in the U.S." Interdisciplinary Association for Population Health Science, 2024
"Burden or Blessing? New Evidence Against Caregivers' Health Benefits Over Time" Annual Meeting of the Population Association of America, 2024
"Cohort Change and Socioeconomic Differences in Cognitive Gains and Losses in Korea" Annual Meeting of the Gerontology Society of America, 2023, Annual Meeting of the Population Association of America, 2024
"Offspring Educational (Dis)Advantage, Mechanisms, and Cognitive Function in Korea" Annual Meeting of the Gerontology Society of America, 2023
"A Time of Healing: Can Social Engagement after Bereavement Reduce Trajectories of Depression after the Death of a Child?" Annual Meeting of the Population Association of America, 2023
"A Functional Form of the Association between Education and Dementia in the United States." Interdisciplinary Association for Population Health Science, 2022, Annual Meeting of the Population Association of America, 2023
"Socioeconomic Status Across the Life Course and Dementia-Status Life Expectancy Among Older Americans." Annual Meeting of the Population Association of America, 2021
"Sibling Loss, Racial Disadvantages, and Dementia" Annual Meeting of the Gerontology Society of America, 2020, Annual Meeting of the Population Association of America, 2021
"What Explains Socioeconomic Disparities in Early Pregnancy Rates? New Evidence from the Relationship Dynamics and Social Life Study" Annual Meeting of the Population Association of America, Washington DC, 2020
"Mothers of Misfortune? Children with Serious Conditions and Mothers' Health at Midlife: Evidence from dual-generation data, 1994-2016." Annual Meeting of the Population Association of America, Washington DC, 2020
"Socioeconomic Disadvantage, Life Course Dynamics, and Sexual Self-Efficacy During the Transition to Adulthood" Annual Meeting of the Population Association of America, Austin, TX, 2019
"Rethinking Taiwan Exceptionalism: Decomposing Korean and Taiwan Gender Wage Disparity, 1982-2013" Research Committee on Social Stratification (RC28) in International Sociological Association, Singapore, 2016

GRANT ACTIVITY

Principal Investigator "From Shelter to Survival: Homelessness as a Life Course Health Risk" Funder: Royalty Research Fund, University of Washington, Seattle (2026). \$40,000

Principal Investigator "CSDE Seed Grant" Funder: The Center for Studies in Demography & Ecology (CSDE), University of Washington, Seattle (2025). \$15,000

Principal Investigator "A Cross-National Comparative Study on Family Member Caregiving and ADRD Risks." Funder: NIA K99/R00 Pathway to Independence Award (2024). *Not Funded*

Principal Investigator "Dynamic Health Consequences of Spousal Dementia Caregiving in the United States." Funder: Center for Advancing Sociodemographic and Economic Study of Alzheimer's Disease and Related Dementias (CeASES-ADRD) Pilot Award (2023). *Not Funded*

AWARDS AND FELLOWSHIPS

Richard Kalish Innovative Publication Article Award, The Gerontological Society of America	2023
The Office of the Graduate Studies Excellence Fellowship, University of Texas at Austin	2022
Forbes Dissertation Research Award, Population Research Center, UT Austin	2022
Department Excellence Award, Department of Sociology, UT Austin	2022
Summer Institute on Biological Approaches in the Social Sciences, Russell Sage Foundation	2022
Parker Frisbie Best Publication Award, Population Research Center, UT Austin	2021
Department Excellence Award, Department of Sociology, UT Austin	2021
The Seventh Annual Workshop on Formal Demography Travel Award, UC Berkeley	2021
Best Poster Award, Aging and Life Course Section, Population Association of America	2021
Distinction on Comprehensive Exams in Demography & Population Health, UT Austin	2020
Genomics for Social Scientists Travel Award, University of Michigan	2020
Norval Glenn Prize Best Paper Award, Department of Sociology, UT Austin	2020
Korean American Chair Scholarship, The Korean American Scholarship Foundation	2019
Panel Study of Income Dynamics Travel Award, University of Michigan	2018
Brain Korea 21 Fellowship (\$12,000)	2015-16
Yonsei University Scholarship for the Five-Year BA/MA Program (\$15,000)	2015-16
Yonsei University Scholarship for Academic Excellence, Highest Honors (\$25,000)	2009-2015

TEACHING AND ADVISING

University of Washington, Seattle

Instructor, Demography and Society, SOC/CSDE 513, Fall 2025

Instructor, Aging and the Life Course, SOC 401, Spring 2026

University of Texas at Austin

Teaching Assistant, Health and Society: Summer 2018, Summer 2023

Teaching Assistant, Introduction to the Study of Society: Fall 2017

Teaching Assistant, Population and Society: Spring 2018

STUDENT ADVISING

Graduate

Natalie Turner, UW Social Work (2025-2026 CSDE T32 Mentor; Placement: UMN Postdoc)

Undergraduate

Ella Sheppard, UW Sociology (2025-2026 Sociology Honors Program)

UNIVERSITY SERVICE

Curriculum Committee, Department of Sociology, 2025-2026

CSDE Seminar Series Organizer, The Center for Studies in Demography & Ecology, 2026-

SERVICE TO THE
DISCIPLINE

Reviewer

Demography, Social Forces, Social Problems, Journal of Marriage and Family, Social Science & Medicine, SSM–Population Health, American Journal of Epidemiology, American Journal of Public Health, Epidemiology, Alzheimer's & Dementia, Journals of Gerontology: Social Sciences, Society & Mental Health

Membership

Population Association of America, American Sociological Association, The Gerontological Society of America, Interdisciplinary Association for Population Health Science

Presider

ASA 2022 "Medical Sociology" Section. Inequality in Social Isolation Over the Life Course: Predictors, Consequences, and Public Health Strategies

Discussant

PAA 2024 "Social Connectedness Patterns Across the Life Course" Section; PAA 2026 "Employment & Economic Well-being in Later Life" Section