HEALTH AND WELLNESS

The University of Washington is committed to supporting the intellectual, physical, and emotional development of all of our students. As a community, a number of resources have been developed to provide safety resources, support, health services of many kinds, and also well-being activities. These university resources are dedicated to supporting the health and wellness of our campus student body.

- **Campus Safety and Emergency Resources**
  A resource web page with links to many different programs.

- **SafeCampus**
  Preventing violence is a shared responsibility in which everyone at the UW plays a part. The SafeCampus website provides information on counseling and safety resources, University policies, and violence reporting requirements that help us maintain a safe personal, work, and learning environment.
  - In Emergencies:
    - Call 911, if you or others may be in danger.
  - Reporting Threats:
    - Call 206-685-SAFE (7233) for Advice and Resources
  - **Husky NightWalk Service**:
    - Call 206-685-WALK (9255) - UW safety guards to walk with you.

- **Disability Resources for Students**
  This office works to provide reasonable academic accommodations to qualified students with disabilities.

- **Student Counseling Center (Schmitz Hall)**
  The Counseling Center is staffed by psychologists and mental health counselors who provide counseling, assessment, and crisis intervention services to currently-enrolled UW students.

- **Student Health and Wellness Office**
  Consultation, assessment, and intervention services designed to assist students in times of need.

- **Hall Health Primary Care Center**
  Services include a variety of services such as primary care, family health, mental health, physical therapy, a travel clinic, and more.

- **Student Life**
  Student success is not solely defined by grades. Student Life serves as a hub for a variety of programs, services, facilities and operations designed to enrich the Husky student experience.

- **Intramural Activities Center**
  Enjoy exercise, sports, and fitness opportunities available to students, faculty and staff member at the University of Washington.

- **Veterans Center**
  The UW Veterans Center is a place for veterans to connect with other veterans. The center also provides access to university resources specifically designed for veterans.