CAREER PLANNING

Have you ever been asked, “What are you going to do with a sociology major?” Sociology majors tend to have diverse interests, and sociology is a flexible major where you can follow your own curiosity and choose a path where you can thrive and grow. Graduates of the major find that studying sociology prepares them for a wide range of careers in education, technology, advertising and PR, environmental advocacy, occupational therapy, data sciences, and more.

THE LIFE CYCLE OF A SOCIOLOGY MAJOR

BE CURIOUS

Sociology majors tend to have diverse interests. Sociology is a flexible major where you can follow your own curiosity and choose a path where you can thrive and grow.

- Media & Culture
- Education
- Health
- Religion
- Gender & Sexuality
- Race & Ethnicity
- Politics
- Law & Crime
- Families
- Civil Rights
- Social Movements
- Conflict & Cooperation

GET THE SKILLS

At the UW, Sociology majors are observing and understanding the social world across a number of diverse disciplines and global issues. Together, they're acquiring skills in:

- Critical thinking
- Research
- Software & Computing
- Communication
- Data analysis
- Leadership
APPLY YOUR KNOWLEDGE

Understanding the social world helps us improve as a society. Sociology majors at the UW get to make a direct impact on their community through internships and practicum courses.

EDUCATION PRACTICUM

Work with teachers, counselors, and school administrators to serve a diverse student population in the Seattle area and get a foundation in a career in education.

APPLIED RESEARCH PRACTICUM

Immerse yourself in real-world research projects on city-wide issues in partnership with community organizations, schools, federal agencies, and businesses.

COMMUNITY & CIVICS INTERNSHIP AND PRACTICUM

Apply for an internship with federal government agencies and organizations to combine experiential learning in the workplace with critical reflection on issues of work.

TAKE ON THE WORLD

Graduates of the major find that studying sociology prepares them for a wide range of careers.

Having gained work experience and the skills to communicate, problem solve, and build strong collaborative relationships, sociology students go on to pursue careers and education in some of the following fields:

- Advertising, Marketing & Public Relations
- Technology
- Social Work
- Education
- Government & Public Policy
- Data Sciences
- Occupational Therapy
- Criminal Justice
- Law School
- Medical School
- Human Resources
- Community Development
- Environmental Advocacy

CAREER AND INTERNSHIP CENTER

- [Upcoming events and workshops calendar](#)
- Digital Career Guide
- Resources for Recent Graduates and Alumni

CAREER LAUNCH WORKSHOP

Led by College staff and Departmental Advisors, this 90-minute workshop is designed specifically for recently declared A&S majors. We will outline career paths you can follow, and help you determine additional steps
and strategies you may want to take in order to pursue a fulfilling career with your A&S degree.

From learning about internships and building your resume, to networking techniques and exploring the scope of your major, this workshop is a great opportunity for you to get your feet wet and start crafting a career path with your Sociology major.

A Great Place To Start

- C21 Career Launch: Arts and sciences workshop on identifying your goals

Next Steps

- Cover Letters: 30 minute workshop on writing an engaging cover letter
- Internships: 30 minute presentation on finding internships
- Interviewing: 30 minute workshop on preparing for an interview
- Resumes: 30 minute workshop on formatting and writing your best resume

Internships

- Practicum courses through the Sociology department (**SOC 402, 403, 404**) provide academic credit for real world experiences in education, research, or through an internship
- **The Undergraduate Community Based Internship Program** (UCBI) provides internship opportunities with local community organizations at the Carlson Center (MGH 171)

Craft Your Career Plan and Professional Identity

- **C21 Amazon Mentors Program**: a quarter-long partnership with Amazon mentors for insight about career building and networking opportunities
- Kick start your LinkedIn Profile: 30-60 minute workshop on LinkedIn Strategies in MGH 134
- ResumeFest!: 20 minute professional review of your resume by Career Center experts
- Take the 2-credit course on Career Strategy and Job Search (**GEN ST 391**) offered winter and spring quarter to spend an entire quarter getting ready to join the workforce

Getting the Job

- Career Fair Success: 30 minute workshop on finding success at a career fair
- Explore careers in a variety of fields including consulting, environment, government, healthcare, research, and technology
- Interviewing: Presentations on how to best prepare for your interview

Register Here

Questions? Email [c2c@uw.edu](mailto:c2c@uw.edu) for help.

Department of Sociology · University of Washington · 211 Savery Hall, Box 353340 · Seattle, WA 98195-3340
Main Office: (206) 543-5882 · Student Services: (206) 543-5396 · Fax (206) 543-2516 · Email: [uwsoc@uw.edu](mailto:uwsoc@uw.edu)

Copyright © 2015-2020 University of Washington · Privacy · Terms · Site Map · Contact Us

Source URL: https://soc.washington.edu/career-planning